

**Extent Digital Learning** 

Language English

Seat Time 15 mins



Continuous improvement is only achieved with constant use of any knowledge or skill. These tasks are designed for you to be able to fit around your day job. Push yourself to the next level and complete these in any order, at any time that suits you.

REFLECTION TASKS		TASK DONE?
01.	Think about yourself as a learner. Try to remember the best learning experience you have had at your current workplace. It might be a training event, or simply a discussion with a colleague. What makes that experience stand out? Why was it so effective for you?	
02.	Think about a traditional training event that did not work for you. A time you were disengaged, or bored. What feedback would you give to that trainer? How would you improve the course so that the learning actually stuck?	
ACT	IVE IMPROVEMENT TASKS	
01.	Take just one of your action points from this course and set yourself a deadline for working it through. Break the task down into realistic steps and challenge yourself to take a small step towards your goal every day.	
02.	Schedule a meeting to discuss your evaluation of your current learning culture with a colleague. Can you explain the benefits of growing a learning culture to them? Show them your self-evaluation and see if they agree; it will make a great starting point for discussion amongst your team.	

